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THE SPECIAL DRUG RUNDOWN

(Revisions in Script.)

Ref: HCOB 15 July 1971 C/S Series 48R  
Drug Handling.

The SPECIAL Drug Rundown was issued to handle persons CURRENTLY ON DRUGS. Such persons have to be weaned off drugs in order to be audited. This is done by having the person do TRs further assisted by vitamins.

Those with heavy drug histories or recently or currently on drugs do not usually run well on engrams until objective processes have been run (CCHs, 8-C, etc). Thus a person currently on drugs would require a full TR course as the first step and then objective processing before the standard Drug RD per C/S Series 48R could be started. Such a person is therefore enrolled onto the HQS (which includes TRs and co-auditing on objective processes) as their first step. But note that this is for persons currently on drugs, NOT for anyone who has ever taken drugs.

This gives three levels of drug handling:

1. Persons who have had drugs of some sort but are not currently on drugs, who do respond well to auditing, already had objective processing and can run engrams. Such persons can be run on the standard Drug R/D per C/S Series 48R which is included in the Pc's Advance Program. Do not C/S onto HQS Course.
2. Persons who have had heavy drug history, not currently on drugs but do not run well on engrams (common with such cases). Always run objective processes prior to doing the Drug RD per C/S Series 48R. Do not C/S such cases for HQS Course. Simply include objective processes in the Pc's HGC Pgm.
3. Persons currently on Drugs. These persons are sold the full SPECIAL Drug R/D which starts with the HQS Course and followed by full drug handling in the HGC (NOT Dept of Special Cases which is cancelled).

Never C/S a person onto the HQS Course. If a person is in the HGC, wants auditing and is not currently on drugs then give him auditing. Just make sure that drug handling is included in the person's Advance Pgm which will also include objective processes if the person has any trouble running engrams.

One does not have to have been on drugs in order to do the HQS Course. It is a regular public course covering a great range of very valuable data and gives tremendous case gain to anyone whether a druggie or not.

On completion of the HQS Course the person can be signed up for either training or processing. It is preferable to sell training. A person with an earlier drug history can co-audit on drugs in full on the HSDC. Having started the person on a training/co-audit basis on the HQS is it desirable to keep the person on that route and so produce AUDITORS.

The main point being made is that the HQS is not a pre-requisite to any training or auditing except only where a person is currently on drugs.

The remainder of this HCOB gives the full rundown of the SPECIAL Drug RD. Steps A and B are included in the HQS Course. Steps 4-7 are the objective processes. Steps 8-13 are the steps of the standard Drug RD given in C/S Series 48R.

#### BRIEF OUTLINE OF STEPS OF THE SPECIAL DRUG RUNDOWN

STEP A: An R-Factor is given to the person by the Supervisor concerning:

- a. Coming off drugs
- b. The Special Drug Rundown
- c. Required rest
- d. Vitamins
- e. Required medical exam and report.

STEP B: The Special TR and Objective Processes Course (HQS Course). (Objective Processes and recall co-audit follow as part of this course--CCH's 1-7, Op Pro by Dup, and Self Analysis Recall Lists.)

STEP C: The Special Drug Rundown auditing. (Consisting of Dianetics C/S 1, PC Assessment Form, Drug Rehab & Drug Chains handled (Class VIII Drug RD), Somatic Chains connected to taking each drug handled, and then Prior Assessment to drugs.)

(End of the full Drug Rundown)

#### THE WHOLE RUNDOWN LOOKS LIKE THIS

STEP A:

1. R-factor by the Supervisor.

(Then on the TR/Objective process course, the HQS Course. Refer to HCO PL 21 Oct 1971 HQS Course Checksheet.)

STEP B:

2. TR's 0-4
3. TR's 6-9

- 4. CCH's 1-4 )
  - 5. CCH's 5-7 )
  - 6. Opening Procedure by Duplication )
  - 7. Self Analysis Recall processes )
- Co-audit on  
HQS Course

(Then into Div IV HGC, or HSDC if person wishes to go on up the training/co-auditing route.)

STEP C:

- 8. Dianetics C/S 1
  - 9. PC Assessment Form
  - 10. Drug Rehab )
  - 11. "Taking drugs" chains handled )
  - Triple Dianetics (R3-R) )
- Class VIII Drug  
Rundown
- 12. 12. Somatic Chains connected to taking each kind of drug,  
    handled Triple Dianetics (R3-R)
  - 13. Prior Assessment to taking drugs handled Triple  
    Dianetics (R3-R)

SPECIFIC DETAILS OF THE ABOVE STEPS  
ARE NOW GIVEN

STEP A: R-FACTOR

The person is routed to the Supervisor who will give the person an R-factor on the program and the following data:

- 1. He must come off drugs as soon as possible. (For the person still taking drugs.)
- 2. He should get plenty of rest, 8 hours or as much as it takes to be well rested; good food, at least 3 full meals a day with lots of protein; and vitamins. The Vitamins, dosage of each, and the method of taking them are given on HCOB 25 October 1971 DRUGS DRYING OUT. The person is told to acquire the vitamins and is given very exact instructions on when and how to take them.

The student is also instructed to report daily to the supervisor of the course whether he has taken his vitamins and any effects from them; whether he has eaten and slept well; and whether he has taken any drugs, if so what and how much.

- 3. The person should then be requested to have a full medical exam and a report of the results, from the doctor, given to the Supervisor.

At the end of the interview the person commences the HQS Course.

### STEP B: TRS & OBJECTIVE PROCESSES

This step is the *HQS Course*. (Refer to HCO PL 21 Oct 1971 HQS Course Checksheet). The course includes TRs 0 to 4 and 6 to 9, basic data about Scientology, and a co-audit including objective and recall processes.

The person is routed on to the course.

### TRS AND BASIC DATA

The following are the basic steps of the first part of the course including special instructions for handling the Drug Program students.

FIRST, the student studies basic data about being a student, what Scientology is, and how to study; and learns how to apply it.

SECOND, specifically for the Drug Program students, the student goes through the TRs on a gradient and learns about Communication from chapters of Dianetics 55, by L. Ron Hubbard. He does each drill to a win and then goes on to the next. He goes through TR 0 to 4 (*several times if needed*) each time on a steeper gradient (longer period of doing TR 0, tougher bullbaiting, more exactly achieving the purpose of the drill) until he gets a major stable win on each TR.

THIRD, the student studies some more basic data about ARC, Cycle of Action, handling confusion, and exhaustion in chapters of Problems of Work, by L. Ron Hubbard; and learns to apply it.

FOURTH, again specifically for the Drug Program students, the student goes through TRs 6 to 9 on a gradient, getting tougher, and each to a stable win.

FIFTH, the student studies some more basic data about the Tone Scale, 8 Dynamics, and the Parts of Man in chapters of Fundamentals of Thought, by L. Ron Hubbard; and learns how to apply it.

### SUPERVISOR NOTE

The supervisor of the TRs must see that the Drug Program students do go on a gradient and go through the TRs several times. He should see that individuals on the Drug Program do not go past misunderstands, or that they are handled quickly. Persons who have taken drugs tend to bog easily on misunderstands. The supervisor should also see that the students become good coaches, by referring them to their materials. This will help ensure that they stay on a gradient and end up with the TRs being done very tough.

It is on the TRs that a person will usually come off drugs both mentally and physically. He will decide he doesn't need drugs anymore, and/or will cognite on Scientology.

On completion of the TRs, with both the supervisor and student satisfied that the student has successfully completed the TRs, the student goes on to the co-audit.

### CO-AUDIT

The Co-audit contains objective and recall processes. The Co-audit gives the person both case gain, and wins on producing case gain in others. It increases the person's cause level. The Co-audit section includes data on auditing, assists, the processes to be co-audited, and a very exact drill for each process so that the student can gain certainty on doing the process before running it on another student.

The supervisor must ensure that each student understands the process thoroughly before running it on another. He then pairs up the students by similar speed and place on the check-sheet and gets them co-auditing. He sees that each student gets experience at being a pc and being an auditor. He observes the co-audits and handles any confusions or upsets quickly and smoothly. The student will signal if any difficulty comes up he can't handle and will also signal if the pc reaches the EP of the process.

The supervisor of the Co-audit will act as the C/S. He may send any folders he is not sure of to the Div IV C/S via PC Admin. He must keep his C/S hat separate from his supervisor hat.

### CO-AUDIT PROCESS COMMANDS FOLLOW

#### AT THIS POINT FOR EASY REFERENCE

The processes and optimum length of time for running each process are given below. The optimum length of time for running each process are from experience and can be used as a guide for the C/S, as it will vary for each pc.

#### FIRST: PROCESS CCH'S 1 to 4

#### COMMANDS OF PROCESS:

- CCH 1 "Give me that hand." "Thank you"
- CCH 2 "You look at that wall." "Thank you"  
"You walk over to that wall." "Thank you"  
"You touch that wall." "Thank you"  
"Turn around" "Thank you"
- CCH 3 "Put your hands against mine, follow them and contribute to their motion."  
"Did you contribute to their motion?" "Thank you"

*After 1st flattening increase distance between hands with command "Put your hands facing mine about 1/2 inch away, follow them and contribute to their motion." Increase distance per HCOB 1 Dec 65.*

CCH 4 No set verbal commands. Auditor makes a motion with a book. Gives the book to the pc. The pc duplicates the auditors motion with the book in mirror image.

(Refer to HCOB 1 Dec 1965 CCH's.)

#### RUNNING THE PROCESS:

These are run together as a four part process with each part to flat point (3 equal comm lags with the pc doing the process). The student may go through the series of the four parts more than once. (The exact steps are set out for the student in the data and drill on the co-audit section of the course--HCOB 1 Dec 1965 CCHs and HCOB 30 Sept 1971 Drill - Model Session for CCHs 1 to 4.) CCHs 1 to 4 are repeated (1, 2, 3, 4, 1, etc.) through and through until

- a. all are flat on one run through,
- b. or until pc has good cog with VGIs.
- c. or pc exterior.

When the student sees one of these, he ends the process and signals for the supervisor. Supervisor puts the pc on the meter. If F/Ning the supervisor send the pc to the Examiner. If no F/N he checks for overrun or unflat. If unflat he has the auditor continue running the process. If overrun he quickly rehabs and sends pc to the Pc Examiner in Qual. When the process has reached its EP and F/Ned at the examiner, C/S for the next process.

#### TIME ON THE PROCESS:

The optimum length of time for this process is 2 to 4 hours but varies with the individual pc. Run to EP. It is possible to do the process in two or three sessions as long as the student has specific instructions and ends on a good flat point.

#### SECOND: PROCESS CCH'S 5, 6, & 7

#### COMMANDS OF PROCESSES:

- CCH 5 "Touch that (indicated object)." "Thank you"  
(to EP-Cog, VGIs, F/N)
- CCH 6 "Touch your (body part)." "Thank you"  
"Touch that (indicated room object)." "Thank you"  
(to EP-Cog, VGIs, P/N)
- CCH 7 "Touch that table." "Thank you"  
"Touch your (same body part)." "Thank you"  
(to EP-Cog, VGIs, R/N)

(Ref: HCOB 30 Sept 1971 CCH's 5, 6, & 7.)

#### RUNNING THE PROCESSES:

Each of these CCH's is a separate process and is taken to EP (Cognition, VGIs, and F/N, when put on a meter). Each is done in a separate co-audit session, and when the EP is

Attained, the student signals the supervisor who checks for F/N etc as above.- When the process has reached its EP and F/Ned at Examiner, C/S for the next process.

**TIME ON THE PROCESS:**

The optimum length of time on each of these processes is 30 minutes to an hour but is run to and ended on EP regardless of time.

**THIRD: PROCESS OP PRO BY DUP**  
(Opening Procedure by Duplication)

**COMMANDS OF PROCESS:**

(Two objects, a book and a bottle, are used alternately.)

0. Familiarize pc with the two objects (books and bottle).
- A. "Look at that book."
- B. "Walk over to it."
- C. "Pick it up."
- D. "What is its colour."
- E. "What is its temperature."
- F. "What is its weight."
- G. "Put it down in exactly the same place."
- H. "Look at that bottle."
- I. (Repeat B-G on the bottle.)

(Acknowledge after the completion of each command.)

(Refer to HCOB 4 Feb 1959 Op Pro by Dup for full commands and procedure.)

**RUNNING THE PROCESS:**

This process is run, continually repeating the commands A to I, to the EP which is Exteriorization. When the pc goes exterior and the student observes the cognition and VGIs he signals to the supervisor who checks for F/N etc as above. When process has reached its EP and F/Ned at Examiner, C/S for the next process.

**TIME ON PROCESS:**

The optimum length of time for this process ranges from 2 to 4 hours but in any event is run to and not beyond EP. Use long sessions. 5 hour sessions without breaks are quite expected.

**FOURTH; RECALL LISTS**

(from the book Self Analysis, by L. Ron Hubbard)

**COMMANDS OF PROCESS:**

- A. Can you recall a time when \_\_\_\_\_?  
(Have him recall a particular sense in that incident.)
- B. Can you recall another time when \_\_\_\_\_?  
(Have him recall the same sense as used for A, but in the B incident.)

- C. Recall the earliest time you can when \_\_\_\_\_?  
(Have him recall the same sense as used for A, but in the C incident.)

(Refer to Self Analysis pages 34, 36 to 39, and 40 to 100.)

The endings used in this are found in the book Self Analysis, Lists One through Twelve. The "senses" are also given in the book and include sight, smell, touch, etc.

#### RUNNING THE PROCESS:

The students co-audit on this process doing each list in a separate co-audit session, to EP (Cognition, VGIs and F/N when put on a meter). When the process has reached its EP and it has been acknowledged, C/S for the next list.

#### TIME ON THE PROCESS:

The lists are continued until the student has a big win as a pc. When this occurs and the student feels confident as an auditor, the course is then complete.

(End of Co-audit process commands.)

#### SUPERVISOR NOTE

During the entire HQS Course the supervisors must maintain 8-C on the Drug Program students and stay in good two way communication with each student. The supervisor sees that each student is there every day and, if they are not there, that they are contacted immediately, come in, and the misunderstanding or environment confusion handled, using ARC, two-way comm, and ethics (as necessary). Have every Drug Program student report to the supervisor daily whether he has taken his vitamins (4 times daily), had plenty of rest, and whether he has taken any drugs or alcohol (if yes, what and how much). Keep a chart and see that each person is taking his vitamins. Any person, who is having trouble coming off drugs, is interviewed by the Supervisor and referred to Qual if necessary.

#### MISUNDERSTOODS

Note again! The supervisor gets handled any misunderstandings any Drug Program student has immediately. A person who has taken drugs tends to bog heavily on them. Any confusions are to be picked up and handled immediately. Note that HQS Students have not normally done the Primary RD or Student Hat. Hence supervision must be especially good and classroom word clearing, especially M4, must be well and consistently used.

On the completion of the HQS Course those on the SPECIAL Drug Pgm are then routed to the HGC for professional auditing.



STEP C: AUDITING RUNDOWN IN HGC

This step includes a full C/S 1 and PC Assessment Form, Drug Rehabs and Drug Chains handled (Class VIII Drug Rundown), Somatic Chains connected to each drug taken handled, and Prior Assessment. (Materials covered on HCO PL 28 Oct 1971 New Life Without Drugs Program Checksheet for Auditors.

FIRST: A FULL C/S 1 & PC ASSESSMENT FORM

A Full C/S 1 and PC Assessment Form are done. It is done in an auditing room and on a meter. The actions are done as per HCOB 8 Jan 1971 Auditing C/S 1 for Dianetics and Scientology and HCOB 24 Apr 1969 Preclear Assessment Sheet.

(The following are done:)

- a. Give the pc an R-Factor that you are going to do a C/S 1.
- b. Do the C/S 1 as per HCOB 8 Jan 1971 Auditing C/S 1 for Dianetics and Scientology, including the Dianetic R3-R commands.
- c. Any F/Ns are indicated.
- d. Do a thorough PC Assessment Form, noting all reads. Any F/Ns are indicated.

(This action may be done in more than one session if necessary.)

SECOND: CLASS VIII DRUG RUNDOWN

Class VIII Drug Rundown is done as it is given below. This action is to be done by a Class IV HDC auditor (minimum).

(The following are done:)

- a. Start the session. Clear the words of L3-B and R3-R commands.
- b. Using the data from the PC Assessment Form, rehab in turn each drug by counting the number of times released for each type of drug to F/N.
- c. Run three way recall (each leg to EP-F/N, Cognition, VGIs)
  - F1. Recall another giving you drugs.
  - F2. Recall giving drugs to another.
  - F3. Recall another giving drugs to others.
- d. Run three way secondaries (each leg to EP-F/N, Cognition, VGIs)
  - F1. Locate an incident containing loss or emotion of another giving you drugs.
  - F1. GOING EARLIER: Is there an earlier incident containing loss or emotion of another giving you drugs.

- F2. Locate an incident containing loss or emotion of you giving drugs to another.
- F2. GOING EARLIER: Is there an earlier incident containing loss or emotion of you giving drugs to another.
- F3. Locate an incident containing loss or emotion of another giving drugs to others.
- F3. GOING EARLIER: Is there an earlier incident containing loss or emotion of another giving drugs to others.
- e. Run three way engrams (each leg to EP-F/N, Cognition, VGIs)
- F1. Locate an incident containing pain and unconsciousness of another giving you drugs.
- F1. GOING EARLIER: Is there an earlier incident containing pain and unconsciousness of another giving you drugs.
- F2. Locate an incident containing pain and unconsciousness of you giving drugs to another.
- F2. GOING EARLIER: Is there an earlier incident containing pain and unconsciousness of you giving drugs to another.
- F3. Locate an incident containing pain and unconsciousness of another giving drugs to others.
- F3. GOING EARLIER: Is there an earlier incident containing pain and unconsciousness of another giving drugs to others.

THIRD: SOMATICS CONNECTED WITH  
TAKING DRUGS

Somatic Chains connected with each drug taken are run. This is done by a HDC (minimum). This is handled as is stated on HCOB 15 July 1971 C/S Series 48R Drug Handling. (Given below from that HCOB.)

(Do the following.)

- a. Write down the drugs from the PC Assessment form. Take one that reads best on the meter.
- b. List, what pains, emotions, sensations or attitudes are connected with taking (the drug).
- c. Take the best reading Dianetic item from the list in (b). Run R3-R Triple.
- d. Complete items on the (b) above with R3-R Triple.
- e. Take another drug from (a) above that reads.
- f. Repeat (b).
- g. Repeat (c).

h. Use up the whole list in (b) above in this way until the entire list of drugs F/Ns when called.

*Note that 'interest' is not checked in running Drug items. Run all items that read when pc gave them or read on subsequent calling.*

#### FOURTH: PRIOR ASSESSMENT

A Prior Assessment to Drugs (or alcohol) is done R3-R Triple. This is done by an HDC (minimum). (Reference: HCOB 19 May 1969 Drug and Alcohol Cases PRIOR Assessing.)

(Do the following.)

- a. Clear the prior assessment question.
- b. List the pains, sensations, somatics and attitudes the pc had before taking drugs or alcohol.
- c. Note down all reads as they occur. (Be sure you get somatics, emotions, or attitudes, not narrative items.)
- d. Take the largest reading item and run R3-R.
- e. If you get a LFBD item run that.
- f. Take the next largest reading item and run R3-R Triple.
- g. Continue step (f) until the list is exhausted.
- h. Reassess any remaining unrun items to see if they now read. If so run them as given in steps (d) through (g).
- i. Check if the pc wants to add anything, and take what he gives. Repeat steps (d) to (h).
- j. Do this until all items are run with none to add or all remaining items F/Ning on assessment.

(End of the Special Drug Rundown)

#### SPECIAL HANDLING FOR THE SPECIAL DRUG RUNDOWN STUDENTS

##### ETHICS

It is very important to put in ethics when working with a drug case. Ethics is put in with ARC and good TRs and in the form of consultations with The Supervisor or D of P (unless a heavier ethics gradient is needed and the Ethics Officer is the terminal).

When the person starts the rundown the Supervisor gives him an R-factor that he is to come off drugs or alcohol quickly and that his gains will increase as he does. He also clears the person's purpose for coming off drugs, and puts in the R-factor that the person is to come have a talk with him if any difficulties come up in his environment that would affect his progress.

If the person slips back on to drugs, two way comm and ethics, as needed, are used to assist him through it. Clearing his purpose for getting off drugs will also help.

### PRODUCTION

Morale depends on production. This is very true of a person who has taken drugs. If he is not producing, his morale will go low. If he is producing, he is fine. So, the Supervisor and D/P should see that the people on the Drug Program are producing. Two way comm can be used to see that they are applying what they are learning when they leave the course room. They can be encouraged to do things to help around the organization too.

### HEROIN AND OPIUM ADDICTS

Coming off a heavy addiction to Heroin, Opium, Cocaine, Methadrine, and other such heavy drugs has with it a period of withdrawal which contains body contortions and pain. A withdrawal from Heavy drugs should have Vitamins, and the person in a safe space, with a trained person giving assistance throughout the withdrawal (usually a few days).

Once a person is off a heavy addiction he will often need a lot more personal attention than most people and often tends to have ethics trouble.

It is not suggested to take on such heavy users, until the tech of handling lighter drug cases is in full use and facilities and staff for special care are available. (Refer to HCO PL 7 May 1969 Policies on Sources of Trouble.)

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Something can be done. Scientologists are doing it. Let's get more doing something and clean up our planet.

Flag Drug Remedy Project  
and  
Training & Services Aide  
for  
L. RON HUBBARD  
FOUNDER

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